

AIS After School Clubs

Fall



المدرسة الأمريكية الدولية
American International School

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المدرسة الأمريكية الدولية
American International School

Letter from the Coordinator

September 14, 2025

Dear Parents,

The Fall Session of the AIS Clubs (2025 – 2026) will start Sunday, September 21, 2025, and last till Wednesday, November 19, 2025. The Clubs are coached by Professional staff to develop student's creativity, technical ability, and Performance skills.

The deadline for registration is Thursday, September 18, 2025.

Please contact the After-School Activities - Internet office for registration.

For further details contact Coach Abdo Shedyak

Tel: 1843247, Ext # 529

We look forward to your participation.

Yours faithfully



AIS Clubs Coordinator

Abdo Shedyak



المدرسة الأمريكية الدولية
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General Information

Rationale

AIS Goal 2: Students will excel in arts, academics, activities or athletics.

Through participation in AIS after-school activities, students will develop new skills while working collaboratively with their peers in developmentally age-appropriate activities not offered at home or within the context of the regular teaching and learning program.

Mission Statement

AIS Kuwait inspires students to become critical thinkers and contributing world citizens through rigor and balance in a nurturing educational environment.

How to Register

- * Registration is on a “first come - first served” basis and places are strictly limited.
- * To register, simply complete the registration form on the last page of this document and bring it into the Activities Office, located beside the business office.
- * Do not fax or e-mail your application.
- * Applications will only be processed if accompanied by payment.

Confirmation and Payment

- * Payment can be made in the activities office.
- * Payment is non-refundable. No credit will be issued for lessons missed.
- * No confirmation will be sent to you. The office will only contact parents if there is a problem with your application.

Cancellation

If an AIS activity is cancelled due to teacher illness or school closure (except where closure is due to inclement weather) parents will receive an SMS informing them and the class will be rescheduled. No refund or credit will be issued for students absent from an AIS after school activity for whatever reason.

Dismissal

All club participants will be escorted to the High School canteen area for dismissal. Parents or guardians must arrange prompt pickup at the designated dismissal time. Teachers will supervise students in the High School canteen area until 4:15 PM. After 4:15 PM, students will wait with security guards in the front lobby if their ride has not yet arrived. Your cooperation in ensuring timely pickups is greatly appreciated to maintain a safe and organized dismissal process.



المدرسة الأمريكية الدولية
American International School

Course Descriptions and Schedules

Early Childhood

ARTS & CRAFTS CLUB

Tutor: Binan Khaddaj

Location: Room 119

Age: KG1 – KG2 (**Max 10 students**)

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: *Get ready to explore your creativity and imagination while making fun projects with your hands! In our club, you'll enjoy playing with soft and stretchy slime, shaping colorful playdough, and creating exciting arts and crafts using simple materials. It's all about having fun, experimenting, and bringing your ideas to life!*

Fall Season: September 21, 28 / October 5, 12, 19 / November 2, 9

Fee: KD 40

BASKETBALL CLUB

Coach: Camelia Bistriceanu

Location: TBD

Age: KG 1 – KG 2 (**Boys and Girls**) (**Max 25 students**)

Time: Monday (3:00 p.m. – 4:00 p.m.)

Description: *Come join the fun and discover basketball in a playful way! Learn dribbling, passing, catching, and shooting with kid-friendly equipment. Play exciting games to build balance, coordination, and agility. Practice teamwork, sharing, and fair play. Enjoy mini-games and challenges to show off new skills! Our club is all about fun, friends, and confidence. Every child gets to play, learn, and grow at their own pace. Let's dribble, pass, and play together!*

Fall Season: September 22, 29 / October 6, 13, 20 / November 3, 10

Fee: KD 40



المدرسة الأمريكية الدولية
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OUTDOOR GAMES CLUB

Tutor: Lamai Al Birjawi

Location: Room 118/EC playground

Age: KG1 – KG2 (**Max 15 students**)

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: *This club is all about movement, fun and teamwork. Students will take part in a variety of outdoor games and fitness activities that build strength, coordination and confidence.*

Fall Season: September 21, 28 / October 5, 12, 19 / November 2, 9

Fee: KD 40

SOCCER CLUB

Coach Sage Magele

Location: TBA

Age: KG1 – KG2 (Boys and Girls) (Max 25 students)

Time: Wednesday (3:00 p.m. - 4:00 p.m.)

Description: *Students will learn and practice the fundamentals of soccer in a fun and safe environment.*

Fall Season: September 24 / October 1, 8, 15 / November 5, 12, 19

Fee: KD 40



المدرسة الأمريكية الدولية
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Course Descriptions and Schedules

Elementary School

BASKETBALL CLUB

Coach: Rania Chehayeb

Location: TBD

Age: Grade 1 and 2 (Boys and Girls) (Max 25 students)

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: *This basketball club is designed to prepare students to better compete in competitive basketball within a fun and exciting environment. Basketball skills will be taught and practiced through drills and game play each week. Students are sure to improve their understanding of the game of Basketball and improve their Basketball skills through this club.*

Fall Season: September 21, 28 / October 5, 12, 19 / November 2, 9

Fee: KD 40

Coach: Rania Chehayeb

Location: TBD

Age: Grade 3 and 4 (Boys and Girls) (Max 25 students)

Time: Wednesday (3:00 p.m. – 4:00 p.m.)

Description: *This basketball club is designed to prepare students to better compete in competitive basketball within a fun and exciting environment. Basketball skills will be taught and practiced through drills and game play each week. Students are sure to improve their understanding of the game of Basketball and improve their Basketball skills through this club.*

Fall Season: September 24 / October 1, 8, 15 / November 5, 12, 19

Fee: KD 40



المدرسة الأمريكية الدولية
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DODGEBALL CLUB

Coach: Katie Jones

Location: TBD

Age: Grade 1 – 2 (**Max 25 students**)

Time: Wednesday (3:00 p.m. – 4:00 p.m.)

Description: *A fun and energetic Dodgeball Club where elementary students build teamwork, improve agility, and enjoy friendly competition in a safe and supportive environment.*

Fall Season: September 24 / October 1, 8, 15 / November 5, 12, 19

Fee: KD 40

Coach: Katie Jones

Location: TBD

Age: Grade 3 – 4 (**Max 25 students**)

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: *A fun and energetic Dodgeball Club where elementary students build teamwork, improve agility, and enjoy friendly competition in a safe and supportive environment.*

Fall Season: September 21, 28 / October 5, 12, 19 / November 2, 9

Fee: KD 40

CARD GAMES CLUB

Tutor: Mai Al Akkad

Location: TBD

Age: Grade 3 – 4 (**Max 15 students**)

Time: Wednesday (3:00 p.m. – 4:00 p.m.)

Description: *Students will play and learn different card games, friendly competition, and socializing.*

Fall Season: September 24 / October 1, 8, 15 / November 5, 12, 19

Fee: KD 40



المدرسة الأمريكية الدولية
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GYMNASTICS CLUB

Tutor: Camelia Bistriceanu

Location: TBD

Age: Grade 1 – 4 (**Max 15 students**)

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: *Join us for an exciting afterschool gymnastics club where students build balance, strength, and confidence through fun activities and games! Learn fundamental gymnastics skills like rolling, jumping, and balancing. Boost fitness and agility with circuits and challenges. Practice teamwork, respect, and sportsmanship. Take part in mini-performances and group games to show off new skills! Our club is all about fun, encouragement, and progress — every child can shine at their own pace. Come flip, roll, and grow with us!*

Fall Season: September 21, 28 / October 5, 12, 19 / November 2, 9

Fee: KD 40

MINDFULNESS & ART CLUB

Tutor: Franklin Pinos

Location: Room 256

Age: Grade 3 – 4 (**Max 10 students**)

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: *Students will explore mindfulness through kid-friendly breathing, gratitude prompts, and short guided reflections. Each session includes art journaling activities—drawing, coloring, or creative writing—to help students express their thoughts and emotions. The club encourages calm focus, resilience, and kindness in a safe, creative space.*

Fall Season: September 21, 28 / October 5, 12, 19 / November 2, 9

Fee: KD 40



المدرسة الأمريكية الدولية
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Soccer Club

Coach: Mateus Jones

Location: TBD

Age: Grade 1 - 2 (**Boys and Girls**) (**Max 25 students**)

Time: Sunday (3:00 p.m. - 4:00 p.m.)

Description: *A dynamic Football Club where elementary students develop skills, teamwork, and sportsmanship while enjoying the world's most popular game in a fun and supportive setting.*

Fall Season: September 21, 28 / October 5, 12, 19 / November 2, 9

Fee: KD 40

Coach: Mateus Jones

Location: TBD

Age: Grade 3, 4 (**Boys and Girls are separate Teams**) (**Max 25 students**)

Time: Wednesday (3:00 p.m. - 4:00 p.m.)

Description: *A dynamic Football Club where elementary students develop skills, teamwork, and sportsmanship while enjoying the world's most popular game in a fun and supportive setting.*

Fall Season: September 24 / October 1, 8, 15 / November 5, 12, 19

Fee: KD 40

THE NEEDLE CLUB

Tutor: Mai Alakkad

Location: TBD

Age: Grade 1 – 2 (**Max 15 students**)

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: *Learn how to hold a needle safely and use basic stitching techniques through fun mini craft projects. We will create small fabric items like keychains and decorations. Perfect for beginners.*

Fall Season: September 21, 28 / October 5, 12, 19 / November 2, 9

Fee: KD 40



المدرسة الأمريكية الدولية
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TRACK AND FIELD CLUB

Coach: Armani James

Location: TBD

Age: Grade 3 – 4 (**Max 15 students**)

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: *The Track and Field Challenge Club is an exciting after-school program designed for students in Grades 3–4 who love to run, jump, and throw! Inspired by the fun and energy of Sports Hall Athletics, this club gives children the chance to develop their speed, strength, and coordination through a variety of indoor track and field events.*

Each session will be packed with engaging activities such as sprint races, relay challenges, standing long jump, speed bounce, and target throws. The focus is on teamwork, skill-building, and personal improvement in a fun and supportive environment. Whether the child is a keen athlete or just loves being active, this club is the perfect place to stay fit, make friends, and take on new challenges!

Fall Season: September 21, 28 / October 5, 12, 19 / November 2, 9

Fee: KD 40

YOGA CLUB

Tutor: Tanya Robson

Location: Aerobics Room

Age: Grade 1 – 2 (**Max 15 students**)

Time: Monday (3:00 p.m. – 4:00 p.m.)

Description: *Sessions will start with stretching and understanding why we need to warm our bodies and muscles up before exercise.*

We will then practice a few breathwork exercises and positions.

During the session, we will use some interactive videos with stories with yoga routines.

The end of the session will be time to cool down our bodies, stretch and finish with some breath work.

Fall Season: September 22, 29 / October 6, 13, 20 / November 3, 10

Fee: KD 40



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STEM EXPLORER CLUB

Tutor: Shawna Stewart

Location: Room 253

Age: Grade 3 – Grade 4 (**Max 15 students**)

Time: Monday (3:00 p.m. – 4:00 p.m.)

Description: *The STEM Explorers Club is a hands-on, creative space where students discover the exciting world of science, technology, engineering, and math through weekly experiments and challenges. From making slime and erupting volcanoes to building airplanes and solving escape-room puzzles, students learn by doing, testing, and creating. Some of the benefits of the club include:*

- *Builds curiosity and a love for learning.*
- *Strengthens problem-solving, teamwork, and communication skills.*
- *Encourages creativity, innovation, and persistence.*
- *Provides fun, real-world connections to classroom learning.*
- *Helps students grow confidence as young scientists and engineers.*


STEM Explorer Club is all about having fun while learning how scientists and engineers think.

Fall Season: September 22, 29 / October 6, 13, 20 / November 3, 10

Fee: KD 40



المدرسة الأمريكية الدولية
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 المدرسة الأمريكية الدولية American International School		<h2 style="text-align: center;">AIS CLUBS APPLICATION FORM</h2>			
STUDENT					
First Name*		Family Name*		Family* Account #	
Grade*		Teacher*			
Gender*		Mobile*			
Email*					
Medical Condition*					
CLUB					
Day*	Title*			Fee (non-refundable) *	
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Parents Signature*		Date*			
Signatory Full Name*					
<p>*Required fields.</p> <p>Please submit this Application Form to AIS Activities/Internet Office</p> <p>For further details contact Coach Abdo Chidiac Tel: 1843247, Ext #11529</p>					



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