PHYSICAL EDUCATION SCOPE AND SEQUENCE
AY 26-27

CLUSTER	GRADE 1	GRADE 2	GRADE 3	GRADE 4
DEVELOPING A VARIETY OF MOTOR SKILLS				
LOCOMOTOR SKILLS	**1.2.1** *Demonstrates a variety of locomotor skills with the concepts of space, effort, and relationship awareness.* ***Supporting learning*** *Walking; Running; Galloping; Side-Sliding; Hopping; Skipping; Leaping; Chasing and Fleeing.*		**1.5.1** *Combine travelling skills across practice activities.* ***Supporting learning*** *Walking; Running; Galloping; Side-Sliding; Hopping; Skipping; Leaping; Chasing and Fleeing.*	
BODY MANAGEMENT	**1.2.3** *Demonstrates transferring weight on multiple body parts.* **1.2.5** *Demonstrates balancing on different body parts in a non-dynamic environment.* ***Supporting learning*** *Balancing; Jumping and Landing; Weight Transfer.*		**1.5.2** *Demonstrates transferring weight from feet to hands and hands to feet in a non-dynamic environment.* **1.5.7** *Jump and land in stable settings.* **1.5.8** *Balance using different body parts.* ***Supporting learning*** *Balancing; Jumping and Landing; Weight Transfer.*	

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MANIPULATIVES	**1.2.6** *Demonstrates bouncing a ball in a variety of non-dynamic practice tasks.* **1.2.10** *Demonstrates kicking a ball in a variety of non-dynamic practice tasks.* **1.2.11** *Demonstrates dribbling with feet in a variety of non-dynamic practice tasks.* **1.2.8** *Demonstrates catching in a variety of non-dynamic practice tasks.* **1.2.9** *Demonstrates throwing in a variety of non-dynamic practice tasks.* ***Supporting learning*** *Rolling; Bouncing; Throwing; Catching; Kicking; Hand Dribbling; Foot Dribbling; Foot Passing; Trapping; Volleying; Striking with Short-Handled Implements.*	**1.2.6** *Demonstrates bouncing a ball in a variety of non-dynamic practice tasks.* **1.2.10** *Demonstrates kicking a ball in a variety of non-dynamic practice tasks.* **1.2.11** *Demonstrates dribbling with feet in a variety of non-dynamic practice tasks.* **1.2.8** *Demonstrates catching in a variety of non-dynamic practice tasks.* **1.2.9** *Demonstrates throwing in a variety of non-dynamic practice tasks.* ***Supporting learning*** *Rolling; Bouncing; Throwing; Catching; Kicking; Hand Dribbling; Foot Dribbling; Foot Passing; Trapping; Volleying; Striking with Short-Handled Implements; Striking with Long-Handled Implements.*	**1.5.19** *Dribble by hand in stable and changing settings.* **1.5.18** *Kick using the instep during practice.* **1.5.20** *Practise controlling a ball with feet.* **1.5.12** *Catch objects across practice activities.* **1.5.10** *Throw objects across practice activities.* ***Supporting learning*** *Rolling; Bouncing; Throwing; Catching; Kicking; Hand Dribbling; Foot Dribbling; Foot Passing; Trapping; Volleying; Striking with Short-Handled Implements; Striking with Long-Handled Implements.*	
RHYTHMS/DANCE	**1.2.15** *Demonstrates locomotor, non-locomotor, and manipulative movements based on a variety of dance forms.* **1.2.16** *Demonstrates jumping rope in a non-dynamic environment.* ***Supporting learning*** *Jumping Rope/Long; Jumping Rope/Individual; Folk Dancing; Choreographing.*		**1.5.5** *Combine travelling, stationary, and object-control movements in dance.* **1.5.6** *Practise rope jumping in varied tasks.* ***Supporting learning*** *Jumping Rope/Long; Jumping Rope/Individual; Folk Dancing; Choreographing.*	

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STUNTS/TUMBLING	*No standard listed for this grade band* ***Supporting learning*** *Stunts; Balance; Tumbling.*		**1.5.2** *Demonstrates transferring weight from feet to hands and hands to feet in a non-dynamic environment.* **1.5.3** *Demonstrates rolling with the body in a non-dynamic environment.* ***Supporting learning*** *Stunts; Balance; Tumbling.*	
APPLYING KNOWLEDGE RELATED TO MOVEMENT AND FITNESS CONCEPTS				
SPATIAL AWARENESS	**2.2.1** *Recognizes personal space and where to move in general space.* **2.2.3** *Identifies movement concepts related to locomotor, non-locomotor, and manipulative skills.* ***Supporting learning*** *Personal Space; General Space; Boundaries; Levels of Movement; Pathways; Directions.*		**2.5.1** *Move safely as surroundings change.* ***Supporting learning*** *Personal Space; General Space; Boundaries; Levels of Movement; Pathways; Directions.*	
CONCEPTS AND STRATEGIES	**2.2.4** *Demonstrates knowledge of locomotor, non-locomotor, and manipulative skills in movement settings.* ***Supporting learning*** *Students identify elements of correct form for motor skills* *Students use feedback to improve performance*		**2.5.15** *Identify key features of skill execution.* ***Supporting learning*** *Students identify elements of correct form for motor skills* *Students use feedback to improve performance*	

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DEVELOPING SOCIAL SKILLS THROUGH MOVEMENT				
SOCIAL RESPONSIBILITY	**3.2.1** *Recognizes the feelings of others during a variety of physical activity.* **3.2.2** *Demonstrates ability to encourage others.* **3.2.3** *Uses communication skills to share space and equipment.* **3.2.4** *Responds appropriately to directions and feedback from the teacher.* ***Supporting learning*** *Students demonstrate responsible personal/social behavior during PE* *Students use equipment safely* *Students regularly encourage others*		**3.5.1** *Describe other participants' perspectives.* **3.5.2** *Negotiate responsibilities through communication.* **3.5.3** *Interact respectfully during group participation.* **3.5.4** *Act safely with few reminders.* ***Supporting learning*** *Students demonstrate responsible personal/social behavior during PE* *Students use equipment safely* *Students regularly encourage others*	

CLUSTER	GRADE 1	GRADE 2	GRADE 3	GRADE 4
DEVELOPING PERSONAL SKILLS, IDENTIFYING PERSONAL BENEFITS OF MOVEMENT, AND CHOOSING TO ENGAGE IN PHYSICAL ACTIVITY				
EXPRESSION AND CONNECTION	**4.2.1** *Identifies physical activities that can meet the need for self-expression.* **4.2.2** *Identifies physical activities that can meet the need for social interaction.* ***Supporting learning*** *Students try new movements and skills* *Students work with each other to achieve a common goal*		**4.5.1** *Explain expressive benefits of preferred activities.* **4.5.2** *Explain social benefits of preferred activities.* ***Supporting learning*** *Students try new movements and skills* *Students work with each other to achieve a common goal*	
INTERESTS AND PERSONAL CHALLENGE	**4.2.4** *Identifies preferred physical activities based on personal interests.* **4.2.5** *Recognizes individual challenges through movement.* ***Supporting learning*** *Students seek personally challenging experiences in PA opportunities*		**4.5.4** *Explain choices through personal interests.* **4.5.7** *Identify strengths and opportunities to improve.* ***Supporting learning*** *Students choose to practice skills needing improvement* *Students seek personally challenging experiences in PA opportunities*	